BEFORE THE ARIZONA MEDICAL BOARD

In the Matter of

ANDRES ALVARADO, M.D.

Holder of License No. 26109 For the Practice of Allopathic Medicine In the State of Arizona.

Case No. MD-23-0268A, MD-23-0367A, MD-23-0656A, MD-23-0891A

ORDER FOR DECREE OF CENSURE AND PROBATION WITH PRACTICE RESTRICTION; AND CONSENT TO THE SAME

Andres Alvarado, M.D. ("Respondent") elects to permanently waive any right to a hearing and appeal with respect to this Order for Decree of Censure and Probation with Practice Restriction; admits the jurisdiction of the Arizona Medical Board ("Board"); and consents to the entry of this Order by the Board.

FINDINGS OF FACT

1. The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.

 Respondent is the holder of license number 26109 for the practice of allopathic medicine in the State of Arizona.

3. Respondent's license is subject to terms and conditions of probation pursuant to an Order for Letter of Reprimand and Probation; and Consent to the Same entered in case MD-21-0308A ("Original Order"). The Original Order required Respondent to undergo periodic chart reviews in order to ensure that Respondent incorporated Continuing Medical Education ("CME") in controlled substance prescribing into his practice. Pursuant to the Original Or der, Respondent enrolled with a Board-approved Physician Enhancement Program ("PEP") to conduct the reviews.

MD-23-0268A

4. The Board initiated case number MD-23-0268A after receiving a report from the PEP that Respondent received an unfavorable chart review. Based on the PEP report, Board staff requested Medical Consultant ("MC") review of Respondent's care and 1 treatment of three patients (MM, KS, and KE). The MC identified deviations from the
2 standard of care for all three patients.

5. MM was a 61 year-old female who initiated care with Respondent in July of 2021. MM's medical history included cervical post-laminectomy syndrome, degenerative disc disease, cervicalgia, COPD, chronic back pain, and hypertension. Respondent prescribed MM medications including alprazolam 0.5mg twice daily as needed, amitriptyline 10mg at bedtime, gabapentin 100mg three times daily, and oxycodone 15mg every six hours.

9 6. KS was a 67 year-old female who initiated care with Respondent in June of
2020. KS's medical history included cervicalgia and chronic pain syndrome. Respondent
prescribed KS medications including hydrocodone-acetaminophen 5/325mg every eight
hours.

7. KE was a 64 year-old female who initiated care with Dr. Alvarado in
September 2013. KE's medical history included chronic pain syndrome, phantom limb
syndrome, low back pain, sciatica, and scoliosis. KE's medication list included oxycodoneacetaminophen 10/325mg every four hours and diclofenac 1.3% transdermal patch twice
daily.

KE was a 64 year-old female who was an established patient of
 Respondent's practice. KE's medical history included chronic pain syndrome, phantom
 limb syndrome, low back pain, sciatica, and scoliosis. Respondent prescribed KE
 medications including oxycodone-acetaminophen 10/325mg every four hours and
 diclofenac 1.3% transdermal patch twice daily.

9. The standard of care requires a physician to prescribe an opioid reversal
agent to a patient prescribed over 90MMEs daily. Respondent deviated from the standard

25

3

4

5

6

7

8

of care for Patients MM and KE by failing to prescribe Narcan to patients prescribed high
 dose opioids.

10. The standard of care prohibits a physician from prescribing controlled substances without a clinical rationale. Respondent deviated from the standard of care for Patient KS by prescribing opioids without an adequate clinical rationale.

11. There was the potential for patient harm in that all three patients were at risk of respiratory depression, addiction, diversion, overdose, and death.

MD-23-0367A

12. The Board initiated case number MD-23-0367A after receiving a report from the PEP that Respondent received an unfavorable chart review. Based on the PEP report, Board staff requested MC review of Respondent's care and treatment of five patients (RH, CW, PG, CH, and DB). The MC identified deviations from the standard of care for all five patients.

13. RH was a 67 year-old female who was an established patient of
Respondent's practice. RH's medical history included chronic pain syndrome, postlaminectomy syndrome, osteoarthritis, depression, and lumbosacral region radiculopathy.
RH also had a history of marijuana use and tobacco use. Respondent prescribed RH
medications including hydrocodone-acetaminophen 10/325mg every four hours,
bupropion 100mg daily, butalbital 50mg-acetaminophen 325mg-caffeine 40mg as
needed, citalopram 20mg daily, dextroamphetamine sulfate 10mg daily, and morphine ER
15mg every eight hours.

14. CW was a 54 year-old female patient who initiated care with Respondent in
March of 2019. CW's medical history included sciatica, ankylosing spondylitis, psoriatic
arthritis, and cervical post-laminectomy syndrome. Respondent prescribed CW
medications including hydrocodone-acetaminophen 10/325mg every six hours, morphine

1 ER 30mg every twelve hours, zolpidem 10mg at bedtime, bupropion SR 150mg daily, and 2 Narcan 4mg as needed.

3 15. PG was a 47 year-old male who initiated care with Respondent in January 4 of 2022. PG's medical history included PTSD, depression, dorsalgia, and chronic lumbar 5 post-laminectomy syndrome. Respondent prescribed PG medications including amitriptyline 50mg daily, gabapentin 300mg at bedtime, duloxetine DR 60mg daily, 6 hydrocodone-acetaminophen 10/325mg every six hours, quetiapine 100mg at bedtime, and Narcan 4mg as needed.

9 16. CH was a 38 year-old female who initiated care with Respondent in June of 10 2021. CH's medical history included chronic back pain, lumbar stenosis, depression and 11 lumbar spondylosis. Respondent prescribed CH medications including oxycodone-12 acetaminophen 10/325mg every six hours, Zoloft 50mg daily, meloxicam 15mg daily, and Narcan 4mg as needed.

17. DB was a 59 year-old male who initiated care with Respondent in February of 2022. DB's medical history included chronic pain syndrome, right knee pain, peripheral neuropathy, and hypertension. Respondent prescribed DB medications including gabapentin 600mg 2 tablets twice daily, oxycodone 5mg every six hours, and tramadol ER 100mg daily.

18. The standard of care prohibits a physician from prescribing opioids without justification. Respondent deviated from the standard of care for Patients RH, CW, PG, CH, and DB by prescribing high dose opioids without justification.

19. The standard of care requires a physician to recognize and address aberrant urinary drug screens. Respondent deviated from the standard of care for Patients RH, CW, PG, CH, and DB by failing to address aberrant urinary drug screen results.

25

7

20. The standard of care requires a physician to prescribe an opioid reversal agent to a patient prescribed over 90MMEs daily. Respondent deviated from the standard of care for Patient DB by failing to prescribe Narcan to a patient being prescribed high dose opioids.

21. There was potential for patient harm to all five patients including the risk of respiratory depression, addiction, diversion, overdose, and death.

MD-23-0656A

22. The Board initiated case number MD-23-0656A after receiving a report from the PEP that Respondent received an unfavorable chart review. Based on the PEP report, Board staff requested MC review of Respondent's care and treatment of three patients (JF, SD, and JE). The MC identified deviations from the standard of care for all three patients.

13 23. JF was a 46 year-old male who initiated care with Respondent in May of
14 2011. JF's medical history included rheumatoid arthritis, ankylosing spondylitis, low back
15 pain, depression, chronic pain syndrome, and degenerative joint disease. Respondent
16 prescribed JF medications including paroxetine 20mg daily, fentanyl 75mcg/hr patch
17 every 48 hours, and baclofen 10mg daily.

18 24. SD was a 50 year-old female who initiated care with Respondent in
19 December, 2022. SD's medical history included rheumatoid arthritis, chronic pain
20 syndrome, and chronic joint pain. Respondent prescribed SD medications including
21 hydrocodone-acetaminophen 10/325mg every four hours, oxycodone 10mg every six
22 hours, and tramadol 50mg twice daily.

23 25. JE was a 73 year-old male who initiated care with Respondent in March of
24 2023. JE's medical history included low back pain, sciatica, hypertension, depression, and

spinal stenosis. Respondent prescribed JE medications including amitriptyline 25mg at
 bedtime, atenolol 100mg daily, and tramadol 50mg every eight hours.

3

4

5

26. The standard of care requires a physician to recognize and address aberrant urinary drug screens. Respondent deviated from the standard of care for Patients JF, SD and JE by failing to address aberrant urinary drug screen results.

27. The standard of care requires a physician to prescribe an opioid reversal agent to a patient prescribed over 90MMEs daily. Respondent deviated from the standard of care for Patients JF, SD and JE by failing to prescribe Narcan to patients being prescribed high dose opioids.

28. There was potential for patient harm in that all three patients were at risk of respiratory depression, addiction, diversion, overdose, and death.

MD-23-0891A

29. The Board initiated case number MD-23-0891A after receiving a report from the PEP that Respondent received an unfavorable chart review. Based on the PEP report, Board staff requested MC review of Respondent's care and treatment of six patients (JS, CH, JA, LH, RO, and VT). The MC identified deviations from the standard of care for all six patients.

30. JS was an 84 year-old female who initiated care with Respondent in August
of 2018. JS's medical history included migratory polyarthralgia, osteoporosis,
osteoarthritis, low back pain, and peripheral neuropathy. Respondent prescribed JS
medications including diltiazem CD 120mg daily, hydrocodone-acetaminophen 5/325mg
every twelve hours, Ibuprofen 800mg three times daily, and levothyroxine 50mcg daily.

31. CH was a 73 year-old male who initiated care with Respondent in June of
24 2022. CH's medical history included chronic neck pain, peripheral neuropathy,
25 osteoarthritis, degenerative joint disease, and low back pain. Respondent prescribed CH

1 medications including morphine ER 15mg every twelve hours and morphine IR 15mg
2 every eight hours.

3

4

5

6

7

32. JA was a 72 year-old male who was an established patient of Respondent's practice. JA's medical history included osteoarthritis, hypertension, cervicalgia, chronic knee pain, and restless leg syndrome. Respondent prescribed JA medications including hydrocodone-acetaminophen 10/325mg every six hours, ropinirole 0.25mg every twelve hours, and meclizine 25mg daily as needed.

8 33. LH was a 70 year-old female who was an established patient of
9 Respondent's practice. LH's medical history included fibromyalgia, chronic right shoulder
10 pain, DM type 2, dorsalgia, and depression. Respondent prescribed LH medications
11 including baclofen 5mg every twelve hours, hydrocodone-acetaminophen 10/325mg
12 every six hours, and citalopram 40mg daily.

34. RO was a 69 year-old male who initiated care with Respondent in June of
2023. RO's medical history spondylosis, low back pain, degenerative disc disease,
chronic knee pain, sciatica, and osteoarthritis. Respondent prescribed RO medications
including hydrocodone-acetaminophen 10/325mg every six hours.

35. VT was a 57 year-old female who was an established patient of
Respondent's practice. VT's medical history included chronic pain syndrome, fibromyalgia,
low back pain, and obesity. Respondent prescribed VT medications including oxycodone
5mg every eight hours and hydrocodone-acetaminophen 10/325mg every eight hours.

36. The standard of care requires a physician to recognize and address aberrant
urinary drug screens. Respondent deviated from the standard of care for Patients JS. CH,
JA, and LH by failing to address aberrant urinary drug screen results.

37. The standard of care requires a physician to prescribe an opioid reversal
agent to a patient prescribed over 90MMEs daily. Respondent deviated from the standard

of care for Patients JS, CH, JA, LH, RO and VT by failing to prescribe Narcan to patients
 being prescribed high dose opioids.

38. There was potential for patient harm in that all six patients were at risk of respiratory depression, addiction, diversion, overdose, and death.

39. Effective April 18, 2024, Respondent entered into an Interim Consent Agreement for Practice Restriction prohibiting him from prescribing controlled substances pending the outcome of a formal interview or formal hearing in this matter.

CONCLUSIONS OF LAW

9 a. The Board possesses jurisdiction over the subject matter hereof and over
10 Respondent.

b. The conduct and circumstances described above constitute unprofessional
conduct pursuant to A.R.S. § 32-1401(27)(e)("Failing or refusing to maintain adequate
records on a patient.").

c. The conduct and circumstances described above constitute unprofessional
conduct pursuant to A.R.S. § 32-1401(27)(r)("Committing any conduct or practice that is or
might be harmful or dangerous to the health of the patient or the public.").

ORDER

IT IS HEREBY ORDERED THAT:

3

4

5

6

7

8

17

18

19

22

1. Respondent is issued a Decree of Censure.

20 2. Respondent is placed on Probation for a period of 5 years with the following
21 terms and conditions:

a. Practice Restriction

Respondent's practice is restricted in that he is prohibited from prescribing
controlled substances in the State of Arizona except as stated herein until Respondent
applies to the Board and receives permission to do so in accordance with this Order.

1 Respondent may prescribe controlled-substances in a hospital¹ setting, including five days 2 of discharge medications, during the period of Probation.

b. Chart Reviews

4 Board staff or its agents shall conduct periodic chart/CSPMP reviews or perform other investigation including quarterly declarations and employer verifications to monitor Respondent's compliance with this Board Order.

c. Obey All Laws

Respondent shall obey all state, federal and local laws, all rules governing the practice of medicine in Arizona, and remain in full compliance with any court ordered criminal probation, payments and other orders.

d. Tolling

In the event Respondent should leave Arizona to reside or practice outside the State or for any reason should Respondent stop practicing medicine in Arizona, Respondent shall notify the Executive Director in writing within ten days of departure and return or the dates of non-practice within Arizona. Non-practice is defined as any period of time exceeding thirty days during which Respondent is not engaging in the practice of medicine. Periods of temporary or permanent residence or practice outside Arizona or of non-practice within Arizona, will not apply to the reduction of the probationary period.

e. Probation Termination

Prior to any Board consideration for termination of Probation, Respondent must submit a written request to the Board for release from the terms of this Order. Respondent's request for release will be placed on the next pending Board agenda, provided a complete submission is received by Board staff no less than 30 days prior to

3

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

²⁵

¹ As defined in A.A.C. R9-10-101(110).

the Board meeting. Respondent's request for release must provide the Board with
 evidence establishing that he has successfully satisfied all of the terms and conditions of
 this Order.

⁴ The Probation shall not terminate except upon affirmative request of Respondent ⁵ and approval by the Board. The Board may require any combination of examinations ⁶ and/or evaluations in order to determine whether or not Respondent is safe to prescribe ⁷ controlled substances and the Board may continue the Practice Restriction or take any ⁸ other action consistent with its authority.

The Board has the sole discretion to determine whether all of the terms and conditions of this Order have been met or whether to take any other action that is consistent with its statutory and regulatory authority.

3. The Board retains jurisdiction and may initiate new action against
 Respondent based upon any violation of this Order. A.R.S. § 32-1401(27)(s)

15 DATED AND EFFECTIVE this _____8th_ day of _____August_____, 2024.

ARIZONA MEDICAL BOARD

Patrice C. Whe Sa ley

Patricia E. McSorley Executive Director

20

16

17

18

19

9

12

21

CONSENT TO ENTRY OF ORDER

Respondent has read and understands this Consent Agreement and the
 stipulated Findings of Fact, Conclusions of Law and Order ("Order"). Respondent
 acknowledges he has the right to consult with legal counsel regarding this matter.

Bv

2. Respondent acknowledges and agrees that this Order is entered into freely and voluntarily and that no promise was made or coercion used to induce such entry.

3. By consenting to this Order, Respondent voluntarily relinquishes any rights to a hearing or judicial review in state or federal court on the matters alleged, or to challenge this Order in its entirety as issued by the Board, and waives any other cause of action related thereto or arising from said Order.

4. The Order is not effective until approved by the Board and signed by its Executive Director.

5. All admissions made by Respondent in this Order are solely for final
disposition of this matter and any subsequent related administrative proceedings or civil
litigation involving the Board and Respondent. Therefore, said admissions by Respondent
are not intended or made for any other use, such as in the context of another state or
federal government regulatory agency proceeding, civil or criminal court proceeding, in the
State of Arizona or any other state or federal court.

13 6. Notwithstanding any language in this Order, this Order does not preclude in 14 any way any other State agency or officer or political subdivision of this state from 15 instituting proceedings, investigating claims, or taking legal action as may be appropriate 16 now or in the future relating to this matter or other matters concerning Respondent, 17 including but not limited to, violations of Arizona's Consumer Fraud Act. Respondent 18 acknowledges that, other than with respect to the Board, this Order makes no 19 representations, implied or otherwise, about the views or intended actions of any other 20 state agency or officer or political subdivisions of the State relating to this matter or other 21 matters concerning Respondent.

7. Upon signing this agreement, and returning this document (or a copy thereof)
to the Board's Executive Director, Respondent may not revoke the consent to the entry of
the Order. Respondent may not make any modifications to the document. Any

25

1

2

3

4

5

modifications to this original document are ineffective and void unless mutually approved by the parties.

8. This Order is a public record that will be publicly disseminated as a formal disciplinary action of the Board and will be reported to the National Practitioner's Data Bank and on the Board's web site as a disciplinary action.

9. If any part of the Order is later declared void or otherwise unenforceable, the remainder of the Order in its entirety shall remain in force and effect.

10. If the Board does not adopt this Order, Respondent will not assert as a defense that the Board's consideration of the Order constitutes bias, prejudice, prejudgment or other similar defense.

11. Any violation of this Order constitutes unprofessional conduct and may result in disciplinary action. A.R.S. § § 32-1401(27)(s) ("[v]iolating a formal order, probation, consent agreement or stipulation Issued or entered into by the board or its executive director under this chapter.") and 32-1451.

12. Respondent acknowledges that, pursuant to A.R.S. § 32-2501(16), he cannot act as a supervising physician for a physician assistant while his license is on probation.

13. Respondent has read and understands the conditions of probation.

8/1 DATED:

ANDRES ALVARADO, M.D.

EXECUTED COPY of the foregoing mailed this <u>8th</u> day of <u>August</u>, 2024 to:

Scott A. Holden, Esq. Holden & Armer, P.C. 4505 East Chandler Boulevard, Suite 210 Phoenix, Arizona 85048 Attorney for Respondent

ORIGINAL of the foregoing filed this 8th day of August _____, 2024 with:

1	ORIGINAL of the foregoing filed
2	this <u>8th</u> day of <u>August</u> , 2024 with:
3	Arizona Medical Board 1740 West Adams, Suite 4000
4	Phoenix, Arizona 85007
5	MichelleRelses
6	Board staff
7	
8	
9	
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	
22	
23	
24	
25	
	13