

1 **BEFORE THE ARIZONA MEDICAL BOARD**

2 In the Matter of
3 **CAMERON A. MEEK, M.D.**
4 Holder of License No. 60942
5 For the Practice of Allopathic Medicine
6 In the State of Arizona.

Case No. MD-22-0485A
ORDER FOR PROBATION; AND
CONSENT TO THE SAME

7 Cameron A. Meek, M.D. ("Respondent") elects to permanently waive any right to a
8 hearing and appeal with respect to this Order for Probation; admits the jurisdiction of the
9 Arizona Medical Board ("Board"); and consents to the entry of this Order by the Board.

10 **FINDINGS OF FACT**

11 1. The Board is the duly constituted authority for the regulation and control of
12 the practice of allopathic medicine in the State of Arizona.

13 2. Respondent is the holder of license number 60942 for the practice of
14 allopathic medicine in the State of Arizona.

15 3. The Board initiated case number MD-22-0485A after receiving notification
16 from the Board's Physician Health Program ("PHP") Monitor that Respondent tested
17 positive for alcohol in violation of a confidential Board Order.

18 4. Respondent's license is subject to a Stipulated Rehabilitation Agreement
19 ("SRA") entered in MD-20-0541A effective September 28, 2020. The SRA required
20 Respondent to comply with terms and conditions of monitoring including random
21 substance use screening.

22 5. The PHP Monitor reported to the Board that Respondent tested positive on a
23 test conducted May 3, 2022. Respondent subsequently admitted to consuming alcohol in
24 violation of the SRA. Respondent complied with the PHP Monitor's request to cease
25 practicing.

1 6. The SRA states in relevant part, "In the event of the use of drugs or alcohol
2 by Respondent in violation of this SRA, Respondent shall promptly enter into an Interim
3 Consent Agreement for Practice Restriction requiring Chemical Dependency Treatment to
4 be completed at a PHP approved facility."

5 7. Respondent entered into an Interim Consent Agreement for Practice
6 Restriction, effective May 24, 2022.

7 8. Respondent subsequently completed and Intensive Outpatient Program
8 ("IOP") at a Board-approved facility ("Facility") and was discharged with staff approval on
9 July 25, 2022. Respondent additionally completed a Post-Treatment Assessment with the
10 Board's PHP Assessor. Based on Respondent's treatment and prognosis, the Assessor
11 opined that Respondent was safe to practice, provided he enter into a monitoring
12 agreement with the Board and comply with recommendations for aftercare.

13 9. Effective August 12, 2022, Respondent entered into an Interim Consent
14 Agreement to Participate in the Physician Health Program requiring Respondent to
15 participate in the PHP and comply with terms and conditions of monitoring.

16 **CONCLUSIONS OF LAW**

17 a. The Board possesses jurisdiction over the subject matter hereof and over
18 Respondent.

19 b. The conduct and circumstances described above constitute unprofessional
20 conduct pursuant to A.R.S. § 32-1401(27)(f)(" A pattern of using or being under the
21 influence of alcohol or drugs or a similar substance while practicing medicine or to the
22 extent that judgment may be impaired and the practice of medicine detrimentally
23 affected.").

24 c. The conduct and circumstances described above constitute unprofessional
25 conduct pursuant to A.R.S. § 32-1401(27)(s)(" Violating a formal order, probation, consent

1 agreement or stipulation issued or entered into by the board or its executive director under
2 the provisions of this chapter.”).

3 **ORDER**

4 IT IS HEREBY ORDERED THAT:

5 1. Respondent is placed on Probation for a period of 3 years¹ with the following
6 terms and conditions:

7 1. Respondent shall not consume alcohol or any food or other substance
8 containing poppy seeds or alcohol.

9 2. Respondent shall not take any illegal drugs or mood-altering medications
10 unless prescribed for a legitimate therapeutic purpose.

11 3. Respondent shall attend the PHP's relapse prevention group therapy
12 sessions one time per week for the duration of this Order, unless excused by the relapse
13 prevention group facilitator for good cause. Individual relapse therapy may be substituted
14 for one or more of the group therapy sessions, if PHP pre-approves substitution. The
15 relapse prevention group facilitators or individual relapse prevention therapist shall submit
16 monthly reports to the PHP regarding attendance and progress.

17 4. Respondent shall continue to participate in any personalized aftercare
18 programs or activities as recommended by the Assessor in his post-treatment Assessment
19 report. Respondent shall report on those activities as requested by the PHP, including
20 executing any releases necessary to allow the PHP to monitor his participation and
21 communicate directly with and obtain records from the treating providers for those
22 aftercare activities. Respondent shall be responsible for all costs of aftercare, including
23 costs associated with compliance with this Order.

24 _____
25 ¹ Respondent's probation shall be retroactive to August 12, 2022.

1 5. Respondent shall participate in a 12-step recovery program or other self-help
2 program appropriate for substance abuse as recommended by the PHP. Respondent shall
3 attend a minimum of three 12-step or other self-help program meetings per week. Two
4 meetings per month must be Caduceus meetings. Respondent must maintain a log of all
5 self-help meetings.

6 6. Respondent shall promptly obtain a Primary Care Physician ("PCP") and
7 shall submit the name of the physician to the PHP in writing for approval. The approved
8 PCP shall be in charge of providing and coordinating Respondent's medical care and
9 treatment. Except in an *Emergency*, Respondent shall obtain medical care and treatment
10 only from the PCP and from health care providers to whom the PCP refers Respondent.
11 Respondent shall promptly provide a copy of this Interim Consent Agreement to the PCP.
12 Respondent shall also inform all other health care providers who provide medical care or
13 treatment that Respondent is participating in PHP. "Emergency" means a serious accident
14 or sudden illness that, if not treated immediately, may result in a long-term medical
15 problem or loss of life.

16 7. Respondent shall continue treatment with a PHP Contractor approved
17 addiction psychiatrist or addiction medicine specialist as recommended by the Assessor in
18 his post-treatment Assessment report and shall comply with any and all treatment
19 recommendations, including taking any and all prescribed medications. Respondent shall
20 instruct the treating professional to submit quarterly written reports to the PHP regarding
21 diagnosis, prognosis, current medications, recommendation for continuing care and
22 treatment, and ability to safely practice medicine. The reports shall be submitted quarterly
23 to the PHP, the commencement of which to be determined by the PHP Contractor.
24 Respondent shall provide the psychiatrist with a copy of this Order. Respondent shall pay
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1 the expenses for treatment and be responsible for paying for the preparation of the
2 quarterly reports.

3 8. All prescriptions for controlled substances shall be approved by the PHP
4 prior to being filled except in an *Emergency*. Controlled substances prescribed and filled
5 in an emergency shall be reported to the PHP within 48 hours. Respondent shall take no
6 *Medication* unless the PCP or other health care provider to whom the PCP refers
7 Respondent prescribes and the PHP approves the *Medication*. Respondent shall not self-
8 prescribe any *Medication*. "Medication" means a prescription-only drug, controlled
9 substance, and over-the counter preparation, other than plain aspirin, plain ibuprofen, and
10 plain acetaminophen.

11 9. Respondent shall submit to random biological fluid, hair and/or nail testing for
12 the remainder of this Interim Consent Agreement (as specifically directed below) to ensure
13 compliance with PHP.

14 10. Respondent shall provide the PHP in writing with one telephone number that
15 shall be used to contact Respondent on a 24 hour per day/seven day per week basis to
16 submit to biological fluid, hair, and/or nail testing to ensure compliance with PHP. For the
17 purposes of this section, telephonic notice shall be deemed given at the time a message to
18 appear is left at the contact telephone number provided by Respondent. Respondent
19 authorizes any person or organization conducting tests on the collected samples to
20 provide testing results to the PHP. Respondent shall comply with all requirements for
21 biological fluid, hair, and/or nail collection. Respondent shall pay for all costs for the
22 testing.

23 11. Respondent shall provide the PHP with written notice of any plans to travel
24 out of state.

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1 12. Respondent shall immediately notify the Board and the PHP in writing of any
2 change in office or home addresses and telephone numbers.

3 13. Respondent provides full consent for the PHP to discuss the Respondent's
4 case with the Respondent's PCP or any other health care providers to ensure compliance
5 with PHP.

6 14. The relationship between the Respondent and the PHP is a direct
7 relationship. Respondent shall not use an attorney or other intermediary to communicate
8 with the PHP on participation and compliance issues. Any such questions should be
9 directed to Board staff.

10 15. Respondent shall be responsible for all costs, including costs associated with
11 participating in PHP, at the time service is rendered or within 30 days of each invoice sent
12 to the Respondent. An initial deposit of two (2) months PHP fees is due upon entering the
13 program. Failure to pay either the initial PHP deposit or monthly fees 60 days after
14 invoicing will be reported to the Board by the PHP and may result in disciplinary action up
15 to and including revocation.

16 16. Respondent shall appear in person before with the PHP Contractor for
17 interviews upon request, upon reasonable notice.

18 17. Respondent shall immediately provide a copy of this Order to all employers,
19 hospitals and free standing surgery centers where Respondent currently has or in the
20 future gains or applies for employment or privileges. Within 30 days of the date of this
21 Order, Respondent shall provide the PHP with a signed statement of compliance with this
22 notification requirement. Respondent is further required to notify, in writing, all employers,
23 hospitals and free standing surgery centers where Respondent currently has or in the
24 future gains or applies for employment or privileges of a violation of this Order.

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1 18. In the event Respondent resides or practices as a physician in a state other
2 than Arizona, Respondent shall participate in the rehabilitation program sponsored by that
3 state's medical licensing authority or medical society. Respondent shall cause the
4 monitoring state's program to provide written quarterly reports to the PHP Contractor
5 regarding Respondent's attendance, participation, and monitoring. The monitoring state's
6 program and Respondent shall immediately notify the PHP Contractor if Respondent is
7 non-compliant with any aspect of the monitoring requirements or is required to undergo
8 any additional treatment.

9 19. The PHP Contractor shall immediately notify the Board if Respondent is non-
10 compliant with any aspect of this Order or is required to undergo any additional treatment.

11 20. In the event of a chemical dependency relapse by Respondent or
12 Respondent's use of controlled substances or alcohol in violation of this Order,
13 Respondent shall promptly enter into an Interim Consent Agreement for Practice
14 Restriction that requires, among other things, that Respondent not practice medicine until
15 such time as Respondent successfully completes long-term inpatient treatment designated
16 by the PHP Contractor and obtains affirmative approval from the Executive Director, in
17 consultation with the Lead Board Member and Chief Medical Consultant, to return to the
18 practice of medicine. Prior to approving Respondent's request to return to the practice of
19 medicine, Respondent may be required to undergo any combination of physical
20 examinations, psychiatric or psychological evaluations. In no respect shall the terms of this
21 paragraph restrict the Board's authority to initiate and taken disciplinary action for any
22 violation of this Order.

23 21. Respondent shall obey all state, federal and local laws, all rules governing
24 the practice of medicine in Arizona, and remain in full compliance with any court ordered
25 criminal probation, payments and other orders.

1 22. Prior to the termination of Probation, Respondent must submit a written
2 request to the Board for release from the terms of this Order. Respondent's request for
3 release will be placed on the next pending Board agenda, provided a complete submission
4 is received by Board staff no less than 30 days prior to the Board meeting. Respondent's
5 request for release must provide the Board with evidence establishing that he/she has
6 successfully satisfied all of the terms and conditions of this Order. The Board has the sole
7 discretion to determine whether all of the terms and conditions of this Order have been
8 met or whether to take any other action that is consistent with its statutory and regulatory
9 authority.

10 23. This Order supersedes any and all Consent Agreements previously entered
11 into by Respondent and the Board regarding this matter.

12 24. The Board retains jurisdiction and may initiate new action against
13 Respondent based upon any violation of this Order. A.R.S. § 32-1401(27)(s)

14 DATED AND EFFECTIVE this 7th day of September, 2023.

15 ARIZONA MEDICAL BOARD

16
17 By 
18 Patricia E. McSorley
19 Executive Director

20 **CONSENT TO ENTRY OF ORDER**

21 1. Respondent has read and understands this Consent Agreement and the
22 stipulated Findings of Fact, Conclusions of Law and Order ("Order"). Respondent
23 acknowledges he has the right to consult with legal counsel regarding this matter.

24 2. Respondent acknowledges and agrees that this Order is entered into freely
25 and voluntarily and that no promise was made or coercion used to induce such entry.

1 3. By consenting to this Order, Respondent voluntarily relinquishes any rights to
2 a hearing or judicial review in state or federal court on the matters alleged, or to challenge
3 this Order in its entirety as issued by the Board, and waives any other cause of action
4 related thereto or arising from said Order.

5 4. The Order is not effective until approved by the Board and signed by its
6 Executive Director.

7 5. All admissions made by Respondent in this Order are solely for final
8 disposition of this matter and any subsequent related administrative proceedings or civil
9 litigation involving the Board and Respondent. Therefore, said admissions by Respondent
10 are not intended or made for any other use, such as in the context of another state or
11 federal government regulatory agency proceeding, civil or criminal court proceeding, in the
12 State of Arizona or any other state or federal court.

13 6. Notwithstanding any language in this Order, this Order does not preclude in
14 any way any other State agency or officer or political subdivision of this state from
15 instituting proceedings, investigating claims, or taking legal action as may be appropriate
16 now or in the future relating to this matter or other matters concerning Respondent,
17 including but not limited to, violations of Arizona's Consumer Fraud Act. Respondent
18 acknowledges that, other than with respect to the Board, this Order makes no
19 representations, implied or otherwise, about the views or intended actions of any other
20 state agency or officer or political subdivisions of the State relating to this matter or other
21 matters concerning Respondent.

22 7. Upon signing this agreement, and returning this document (or a copy thereof)
23 to the Board's Executive Director, Respondent may not revoke the consent to the entry of
24 the Order. Respondent may not make any modifications to the document. Any
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1 modifications to this original document are ineffective and void unless mutually approved
2 by the parties.

3 8. This Order is a public record that will be publicly disseminated as a formal
4 disciplinary action of the Board and will be reported to the National Practitioner's Data
5 Bank and on the Board's web site as a disciplinary action.

6 9. If any part of the Order is later declared void or otherwise unenforceable, the
7 remainder of the Order in its entirety shall remain in force and effect.

8 10. If the Board does not adopt this Order, Respondent will not assert as a
9 defense that the Board's consideration of the Order constitutes bias, prejudice,
10 prejudgment or other similar defense.

11 11. Any violation of this Order constitutes unprofessional conduct and may result
12 in disciplinary action. A.R.S. § § 32-1401(27)(s) ("[v]iolating a formal order, probation,
13 consent agreement or stipulation issued or entered into by the board or its executive
14 director under this chapter.") and 32-1451.

15 12. ***Respondent has read and understands the conditions of probation.***

17 C Meek
18 CAMERON A. MEEK, M.D.

DATED: 08/25/2023

20 EXECUTED COPY of the foregoing mailed
21 this 7th day of September, ~~2019~~ 2023 to:

22 Cameron A. Meek, M.D.
23 Address of Record

24 ORIGINAL of the foregoing filed
25 this 7th day of September, ~~2019~~ 2023 with:

1 Arizona Medical Board
1740 West Adams, Suite 4000
2 Phoenix, Arizona 85007

3 Michelle Rosas
4 Board staff

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