

1 **BEFORE THE ARIZONA MEDICAL BOARD**

2 In the Matter of

3 **PARMINDER S. CHAHAL, M.D.**

4 Holder of License No. 36053  
5 For the Practice of Allopathic Medicine  
6 In the State of Arizona.

Case No. MD-23-0237A

**ORDER FOR LICENSE  
REACTIVATION, DECREE OF  
CENSURE AND PROBATION, AND  
CONSENT TO THE SAME**

7 Parminder S. Chahal, M.D. ("Respondent"), elects to permanently waive any right to  
8 a hearing and appeal with respect to this Order for License Reactivation, Decree of  
9 Censure and Probation; admits the jurisdiction of the Arizona Medical Board ("Board"); and  
10 consents to the entry of this Order by the Board.

11 **FINDINGS OF FACT**

12 1. The Board is the duly constituted authority for the regulation and control of  
13 the practice of allopathic medicine in the State of Arizona.

14 2. Respondent is the holder of license number 36053 for the practice of  
15 allopathic medicine in the State of Arizona.

16 3. The Board initiated case number MD-23-0237A after receiving Respondent's  
17 request for license reactivation.

18 4. Respondent participated in the Board's Physician Health Program ("PHP")  
19 from October 31, 2012 through October 31, 2017 pursuant to Findings of Fact,  
20 Conclusions of Law and Order for Letter of Reprimand and Probation ("First Order").  
21 Respondent successfully completed the terms and conditions of the First Order, and the  
22 First Order was terminated.

23 5. The Board initiated case MD-22-0940A after receiving Respondent's self-  
24 report that he had been charged with a DUI and aggravated assault occurring on  
25 September 25, 2022. Respondent indicated that he intended to self-refer to the PHP for  
an Assessment and had pled not guilty to the charges.

1           6.       On September 25, 2022, Respondent was arrested under suspicion of DUI  
2 for being impaired and in actual physical control of a vehicle. Respondent became  
3 combative with fire personnel and punched one after being placed on a gurney.  
4 Respondent was charged with both misdemeanor DUI and felony aggravated assault.

5           7.       On October 6, 2022, Respondent attended an Assessment with a PHP  
6 Assessor who opined that Respondent was unsafe to practice medicine and  
7 recommended completion of inpatient substance use treatment.

8           8.       On October 20, 2022, Respondent requested that his license be placed on  
9 "Inactive with Cause" status, which the Board's Executive Director approved.

10          9.       Respondent completed residential treatment at a substance use treatment  
11 facility and was discharged with staff approval on February 2, 2023. Respondent  
12 subsequently met with the Board's PHP Contractor who determined that Respondent is  
13 safe to return to the practice of medicine subject to Respondent's participation in PHP for  
14 a period of **five** years with recommendations for monitoring and aftercare.

15          10.      On January 19, 2023, Respondent enrolled in private monitoring with a  
16 Board-approved PHP Contractor.

17          11.      On June 30, 2023, Respondent's felony charge was dismissed based on his  
18 successful completion of the Maricopa County Attorney's Felony Diversion Program.

19          12.      During the course of the Board's investigation, Board staff reviewed  
20 Respondent's Controlled Substance Prescription Monitoring Program ("CSPMP") and  
21 noted multiple prescriptions attributed to Respondent after October 20, 2022. In a written  
22 response to the Board regarding the prescriptions, Respondent attributed the prescriptions  
23 to other medical providers contracted to provide care to his patients while his license was  
24 inactivated. Two individuals who authorized prescriptions using Respondent's DEA  
25 Registration were Medical Assistants employed by the clinic where Respondent practices.

1 Respondent denies that he directed these individuals to issue the prescriptions and refills  
2 while his license was on inactive status. Respondent denies knowingly violating any orders  
3 by the Board.

4 13. Respondent has requested reactivation of his medical license.

5 14. Board staff stated that according to the Board's three-strike policy, this  
6 is Respondent's "second strike."

7 **CONCLUSIONS OF LAW**

8 1. The Arizona Medical Board possesses jurisdiction over the subject matter  
9 hereof and over Respondent.

10 2. The Board has received substantial evidence supporting the Findings of Fact  
11 described above and said findings require the Board to either refer the matter for formal  
12 hearing to revoke Respondent's license or reactivate Respondent's license and place  
13 Respondent on probation for five years with restrictions necessary to assure public safety.  
14 A.R.S. § 32-1452(F).

15 3. The conduct and circumstances described above constitute unprofessional  
16 conduct pursuant to A.R.S. § 32-1401(27)(a) ("Violating any federal or state laws or rules  
17 and regulations applicable to the practice of medicine.). Specifically, Respondent's  
18 conduct violated A.R.S. § 32-1968(C) ("A prescription order shall contain the date it was  
19 issued, the name and address of the person for whom or owner of the animal for which the  
20 drug is ordered, refills authorized, if any, the legibly printed name, address and telephone  
21 number of the prescribing medical practitioner, the name, strength, dosage form and  
22 quantity of the drug ordered and directions for its use.") and 21 C.F.R. § 1311.120(b)(9)  
23 ("The electronic prescription application must present for the practitioner's review and  
24 approval all of the following data for each controlled substance prescription . . . (vii) - The  
25 name, address, and DEA registration number of the prescribing practitioner.").



1           1.           Respondent's license is issued a Decree of Censure.

2           2.           Physician Enhancement Program

3                    Within 30 days of the date of this Order, Respondent shall enroll in the  
4 Physician Enhancement Program ("PEP") offered by the UC San Diego School of  
5 Medicine's Physician Assessment and Clinical Education Program ("PACE") for a  
6 minimum period of one year. Respondent shall comply with any and all requirements and  
7 practice recommendations made by his PACE faculty as well as follow any and all  
8 recommendations made for further education and/or remediation by PACE, subject to the  
9 approval of the Board or its staff. Respondent shall sign any and all consents or releases  
10 necessary to allow for PACE to communicate to the Board directly and furnish quarterly  
11 reports to the Board. Respondent shall be responsible for the expenses of participation in  
12 the PEP, and shall notify the Board staff of enrollment in them. After one year, Respondent  
13 may request termination of the requirement that he participate in PEP. Respondent's  
14 request must be accompanied by a report from the PACE PEP faculty stating that  
15 Respondent has successfully completed PEP and further practice monitoring is not  
16 required.

17           3.           Respondent shall enroll and participate in the Board's PHP for a period of  
18 five (5) years.

19           4.           Respondent shall not consume alcohol or any food or other substance  
20 containing poppy seeds or alcohol.

21           5.           Respondent shall not take any illegal drugs or mood altering medications  
22 unless prescribed for a legitimate therapeutic purpose.

23           6.           Respondent shall continue to participate in any personalized aftercare  
24 programs or activities as recommended by the Assessor in her Post-Treatment  
25 Assessment Report including individual therapy and use of Soberlink if requested by the

1 PHP Contractor. Respondent shall report on those activities as requested by the PHP,  
2 including executing any releases necessary to allow the PHP to monitor his participation  
3 and communicate directly with and obtain records from the treating providers for those  
4 aftercare activities. Respondent shall be responsible for all costs of aftercare, including  
5 costs associated with compliance of this Board Order.

6 7. Respondent shall enter treatment with a PHP Contractor approved addiction  
7 psychiatrist as recommended by the PHP Assessor and shall comply with any and all  
8 treatment recommendations, including taking any and all prescribed medications.  
9 Respondent shall instruct the treating psychiatrist to submit quarterly written reports to the  
10 PHP regarding diagnosis, prognosis, current medications, recommendation for continuing  
11 care and treatment, and ability to safely practice medicine. The reports shall be submitted  
12 quarterly to the PHP, the commencement of which to be determined by the PHP  
13 Contractor. Respondent shall provide the psychiatrist with a copy of this Order.  
14 Respondent shall pay the expenses for treatment and be responsible for paying for the  
15 preparation of the quarterly reports. At the expiration of one year or anytime thereafter,  
16 Respondent may submit a written request to the PHP Contractor requesting termination of  
17 the requirement that Respondent remain in treatment with a psychiatrist. The decision to  
18 terminate will be based in part upon the treating psychiatrist's recommendation for  
19 continued care and treatment.

20 8. Respondent shall attend a relapse prevention outpatient program for a  
21 duration and frequency recommended by the PHP Contractor, unless Respondent is  
22 excused by the relapse program facilitator for good cause. The relapse prevention group  
23 facilitators shall submit monthly reports to the PHP regarding Respondent's attendance  
24 and progress.

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1           9.           Respondent shall participate in 12-step recovery program or other self-help  
2 programs appropriate for substance abuse as recommended by the Assessor in her Post-  
3 Treatment Assessment Report and approved by the PHP. Respondent shall attend a  
4 minimum of three 12-step or other self-help program meetings per week. Two meetings  
5 per month must be Caduceus meetings. Respondent must maintain a log of all self-help  
6 meetings.

7           10.          Respondent shall promptly obtain a Primary Care Physician (“PCP”) and  
8 shall submit the name of the physician to the PHP Contractor in writing for approval.  
9 Except in an Emergency, Respondent shall obtain medical care and treatment only from  
10 the PCP and from health care providers to whom the PCP refers Respondent. Respondent  
11 shall promptly provide a copy of this Order to the PCP. Respondent shall also inform all  
12 other health care providers who provide medical care or treatment that Respondent is  
13 participating in the PHP. “Emergency” means a serious accident or sudden illness that, if  
14 not treated immediately, may result in a long-term medical problem or loss of life.

15          11.          All prescriptions for controlled substances shall be approved by the PHP  
16 Contractor prior to being filled except in an Emergency. Controlled substances prescribed  
17 and filled in an emergency shall be reported to the PHP within 48 hours. Respondent shall  
18 take no Medication unless the PCP or other health care provider to whom the PCP refers  
19 Respondent prescribes and the PHP Contractor approves the Medication. Respondent  
20 shall not self-prescribe any Medication. “Medication” means a prescription-only drug,  
21 controlled substance, and over-the counter preparation, other than plain aspirin, plain  
22 ibuprofen, and plain acetaminophen.

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1        12.        Respondent shall submit to random biological fluid, hair and/or nail testing  
2 for the remainder of this Order (as specifically directed below) to ensure compliance with  
3 the PHP.

4        13.        Respondent shall provide the PHP Contractor in writing with one telephone  
5 number that shall be used to contact Respondent on a 24 hour per day/seven day per  
6 week basis to submit to biological fluid, hair, and/or nail testing to ensure compliance with  
7 the PHP. For the purposes of this section, telephonic notice shall be deemed given at the  
8 time a message to appear is left at the contact telephone number provided by  
9 Respondent. Respondent authorizes any person or organization conducting tests on the  
10 collected samples to provide testing results to the PHP Contractor. Respondent shall  
11 comply with all requirements for biological fluid, hair, and/or nail collection. Respondent  
12 shall pay for all costs for the testing.

13       14.        Respondent shall provide the PHP Contractor with written notice of any  
14 plans to travel out of state.

15       15.        Respondent shall successfully complete a PHP approved 36 hour  
16 alcohol/drug awareness education class.

17       16.        Respondent shall immediately notify the Board and the PHP Contractor in  
18 writing of any change in office or home addresses and telephone numbers.

19       17.        Respondent provides full consent for the PHP Contractor to discuss the  
20 Respondent's case with the Respondent's PCP or any other health care providers to  
21 ensure compliance with the PHP.

22       18.        The relationship between the Respondent and the PHP Contractor is a direct  
23 relationship. Respondent shall not use an attorney or other intermediary to communicate  
24 with the PHP Contractor on participation and compliance issues. All inquiries must be  
25 directed to Board staff.



1        19.        Respondent shall be responsible for all costs, including costs associated with  
2 participating in the PHP, at the time service is rendered or within 30 days of each invoice  
3 sent to the Respondent. An initial deposit of two (2) months PHP fees is due upon  
4 entering the program. Failure to pay either the initial PHP deposit or monthly fees 60 days  
5 after invoicing will be reported to the Board by the PHP Contractor and may result in  
6 disciplinary action.

7        20.        Respondent shall appear in person before with the PHP Contractor for  
8 interviews upon request, upon reasonable notice.

9        21.        Respondent shall immediately provide a copy of this Order to all employers,  
10 hospitals and free standing surgery centers where Respondent currently has or in the  
11 future gains or applies for employment or privileges. Within 30 days of the date of this  
12 Order, Respondent shall provide the PHP with a signed statement of compliance with this  
13 notification requirement. Respondent is further required to notify, in writing, all employers,  
14 hospitals and free standing surgery centers where Respondent currently has or in the  
15 future gains or applies for employment or privileges of a violation of this Order.

16        22.        In the event Respondent resides or practices as a physician in a state other  
17 than Arizona, Respondent shall participate in the rehabilitation program sponsored by that  
18 state's medical licensing authority or medical society. Respondent shall cause the  
19 monitoring state's program to provide written quarterly reports to the PHP Contractor  
20 regarding Respondent's attendance, participation, and monitoring. The monitoring state's  
21 program and Respondent shall immediately notify the PHP Contractor if Respondent is  
22 non-compliant with any aspect of the monitoring requirements or is required to undergo  
23 any additional treatment.

24        23.        The PHP Contractor shall immediately notify the Board if Respondent is non-  
25 compliant with any aspect of this Order or is required to undergo any additional treatment.

1 24. In the event of a violation of A.R.S. § 32-1401(27)(f) by Respondent or  
2 Respondent's use of drugs or alcohol in violation of the Order, Respondent's license shall  
3 be **summarily suspended pending a hearing for revocation**. In the alternative,  
4 Respondent may **SURRENDER THE LICENSE** if Respondent agrees in writing to being  
5 impaired by alcohol or drug abuse. A.R.S. § 32-1452(G).

6 25. Respondent shall obey all state, federal and local laws, all rules governing  
7 the practice of medicine in Arizona, and remain in full compliance with any court ordered  
8 criminal probation, payments and other orders.

9 26. Prior to the termination of Probation, Respondent must submit a written  
10 request to the Board for release from the terms of this Order. Respondent's request for  
11 release will be placed on the next pending Board agenda, provided a complete submission  
12 is received by Board staff no less than 30 days prior to the Board meeting. Respondent's  
13 request for release must provide the Board with evidence establishing that she has  
14 successfully satisfied all of the terms and conditions of this Order. The Board has the sole  
15 discretion to determine whether all of the terms and conditions of this Order have been  
16 met or whether to take any other action that is consistent with its statutory and regulatory  
17 authority.

18 27. This Order supersedes any and all Consent Agreements previously entered  
19 into by Respondent and the Board regarding this matter.

20 28. The Board retains jurisdiction and may initiate new action against  
21 Respondent based upon any violation of this Order. A.R.S. § 32-1401(27)(s).

22 DATED AND EFFECTIVE this 20<sup>th</sup> day of February, 2024.

23 ARIZONA MEDICAL BOARD

24 By 

25 Patricia E. McSorley  
Executive Director

Raquel Rivera  
for

1  
2 **CONSENT TO ENTRY OF ORDER**

3 1. Respondent has read and understands this Consent Agreement and the  
4 stipulated Findings of Fact, Conclusions of Law and Order ("Order"). Respondent  
5 acknowledges he has the right to consult with legal counsel regarding this matter.

6 2. Respondent acknowledges and agrees that this Order is entered into freely  
7 and voluntarily and that no promise was made or coercion used to induce such entry.

8 3. By consenting to this Order, Respondent voluntarily relinquishes any rights  
9 to a hearing or judicial review in state or federal court on the matters alleged, or to  
10 challenge this Order in its entirety as issued by the Board, and waives any other cause of  
11 action related thereto or arising from said Order.

12 4. The Order is not effective until approved by the Board and signed by its  
13 Executive Director.

14 5. All admissions made by Respondent in this Order are solely for final  
15 disposition of this matter and any subsequent related administrative proceedings or civil  
16 litigation involving the Board and Respondent. Therefore, said admissions by Respondent  
17 are not intended or made for any other use, such as in the context of another state or  
18 federal government regulatory agency proceeding, civil or criminal court proceeding, in the  
19 State of Arizona or any other state or federal court.

20 6. Notwithstanding any language in this Order, this Order does not preclude in  
21 any way any other State agency or officer or political subdivision of this state from  
22 instituting proceedings, investigating claims, or taking legal action as may be appropriate  
23 now or in the future relating to this matter or other matters concerning Respondent,  
24 including but not limited to, violations of Arizona's Consumer Fraud Act. Respondent  
25 acknowledges that, other than with respect to the Board, this Order makes no  
representations, implied or otherwise, about the views or intended actions of any other

1 state agency or officer or political subdivisions of the State relating to this matter or other  
2 matters concerning Respondent.

3 7. Upon signing this agreement, and returning this document (or a copy  
4 thereof) to the Board's Executive Director, Respondent may not revoke the consent to the  
5 entry of the Order. Respondent may not make any modifications to the document. Any  
6 modifications to this original document are ineffective and void unless mutually approved  
7 by the parties.

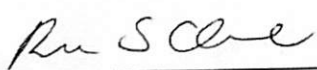
8 8. This Order is a public record that will be publicly disseminated as a formal  
9 disciplinary action of the Board and will be reported to the National Practitioner's Data  
10 Bank and on the Board's web site as a disciplinary action.

11 9. If any part of the Order is later declared void or otherwise unenforceable, the  
12 remainder of the Order in its entirety shall remain in force and effect.

13 10. If the Board does not adopt this Order, Respondent will not assert as a  
14 defense that the Board's consideration of the Order constitutes bias, prejudice,  
15 prejudgment or other similar defense.

16 11. Any violation of this Order constitutes unprofessional conduct and may result  
17 in disciplinary action. A.R.S. § § 32-1401(27)(s) ("Violating a formal order, probation,  
18 consent agreement or stipulation issued or entered into by the board or its executive  
19 director under this chapter") and 32-1451.

20 **11. Respondent has read and understands the conditions of probation.**

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22 \_\_\_\_\_  
23 PARMINDER S. CHAHAL, M.D.

DATED: January 13, 2024

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1 EXECUTED COPY of the foregoing mailed  
2 this 20<sup>th</sup> day of February, 2024 to:

3 Joey Hamby, Esq.  
4 DM Cantor  
5 Two Renaissance Tower  
6 40 North Central Avenue, Suite 2300  
7 Phoenix, Arizona 85004  
8 Attorney for Respondent

9 PHP Contractor  
10 Address of Record

11 ORIGINAL of the foregoing filed  
12 this 20<sup>th</sup> day of February, 2024 with:

13 Arizona Medical Board  
14 1740 West Adams, Suite 4000  
15 Phoenix, Arizona 85007

16 Michelle Prodes  
17 Board staff  
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